

## **Brampton Track Club Code of Behaviour**

An athlete by becoming a member of the Brampton Track Club agrees to adhere and follow the “Brampton Track Club Code of Behavior” outlined below.

- Athletes must respect the human rights, that is equal rights of each other athlete, coach and administrator, with no discrimination on the grounds of sex, race, colour, language, religion, political or other opinions, national or social origins association with a national minority or ability.
- Athletes must respect the dignity and recognize the contribution of each individual athlete.
- Athletes must acknowledge and respect the Rules of Competition. This respect should extend to the spirit as well as to the letter of the rules. This is respect to both training and competition.
- All athletes must exhibit and active respect for officials.
- Athletes should never smoke while training, nor consume alcohol beverages or any other banned substances, before athletic performances that it affects their performance or competence.
- Athletes must follow all set guidelines & rules when traveling and competing at any track meets. This includes all curfews and individual schedules.
- Athletes must follow all set guidelines & rules for training. That is, to give their all in terms of physical and mental effort, arrive on time for training sessions, to advice the coach if unable to attend a training session, and to follow the direction and guidance of the coach (s).
- Athlete must adhere to and support the Ontario Track & Field Association. Drug Use and Doping Control Policy, and agrees to abide by the rules and procedures of Athletic Canada, Athletics Ontario, and the Brampton Track Club.